

**AAICON - 2014, Mumbai**

**16th National Conference  
of Acupuncture Association of India**

Hosted By

**ACUPUNCTURE SCIENCE ASSOCIATION  
(Maharashtra)**

**pre conference  
workshops  
on  
12th December**

**13th - 14th December 2014**

**: Venue :**

Auditorium, Bombay Hospital, Mumbai.

#### **MUMBAI BECKONS**

Mumbai has earned the title of the WEALTH capital of India and is also known as the Land of Opportunities. Now, the city of Wealth beckons you to discover the Wealth of Acupuncture Knowledge and the Opportunities it represents - to share and participate in a unique acupuncture conference!

Mumbai beckons all Acupuncturists to discover the new face of acupuncture and its emerging trends. The modern acupuncture approach will open up new frontiers of healing and more rewarding concepts of clinical practice.

AAICON 2014, hosted by the dynamic team of Acupuncture Science Association (Maharashtra), will be a trendsetter. Discover the Evolution in Acupuncture; Be a part of a Revolution!

#### **ACUPUNCTURE SCIENCE ASSOCIATION**

c/o Beramji's Hospital, 266, Patel Building, Charni Road, Girgaum, Mumbai 400 004.

Website : [ASA-INDIA.IN](http://ASA-INDIA.IN) | Office Phone : 022-2369 2772 / 2369 0220

Email : [contact@asa-india.in](mailto:contact@asa-india.in)







# INVITATION

**THEME: 'EVOLUTION' - NEW FRONTIERS OF HEALING !**

Dear Colleagues,

It gives us great pleasure in hosting the 16th Conference of AAI.

This special conference has a very special theme - 'Evolution'. Whatever evolves survives; whatever does not evolve, stagnates and withers away! This theme based conference will portray the emerging trends in Acupuncture knowledge and its current status in our society. For all those who are practising or intending to make Acupuncture as their career, this conference will serve as a platform for upgrading knowledge and skills. Come and Discover a new standard of Learning and Sharing the Healing Wisdom of Acupuncture.

## **This conference will be special for three reasons :**

1. It will be an Evolution - an occasion for professional to meet and exchange knowledge and keep up with the latest developments in the field of Acupuncture.
2. It will show case the efforts of senior practitioners for Recognition and Standardisation of Acupuncture at the National Level and also the efforts of Acupuncture Science Association (Maharashtra) for the development of this science at the Maharashtra State level.
3. It will also showcase a platform for a united front - an association for providing assistance to all aspiring acupuncturists thru an interactive website and CME's.

This conference will, for the first time, show case a grand vision of modern Acupuncture - a vision for a New Protocol. Acupuncture will no longer be a second line of treatment, but will emerge as an independent system aimed at delivering quality healthcare. The full spectrum of Acupuncture applications along with its allied therapies will present exciting and lucrative career options to its practitioners.

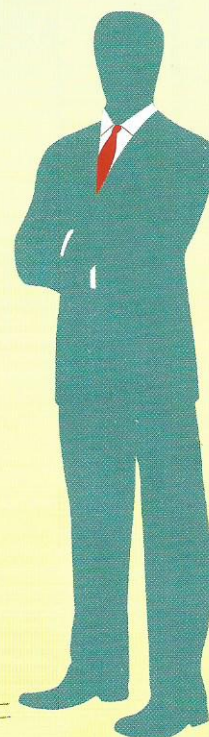
We are eager to welcome all fellow professional to this conference. We are also eager to welcome new aspirants to this conference to discover the healing wonders and potentials of this science.

Let us all gather to EVOLVE - to come together and join hands in the Evolution of Acupuncture Knowledge and Professional Opportunities, and Evolve our healing skills for the betterment of Humanity.

**Dr Mayank Shah**

Chief Conference Co-Ordinator

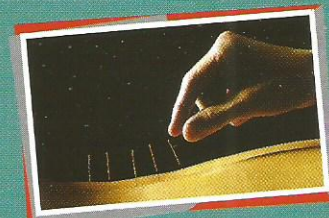
**Acupuncture Science Association (Maharashtra)**





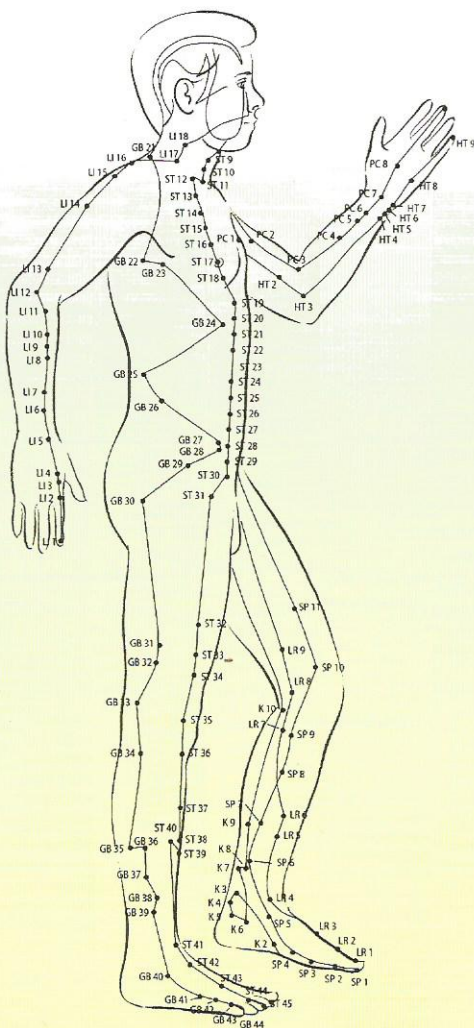
# PIONEERING EFFORTS BY ASA(Maharashtra)-

A report by Dr Rumi Beramji (Chairman - ASA)



**The Acupuncture Science Association (Maharashtra) has come into existence by the efforts of senior and experienced Acupuncturists of the State of Maharashtra for the sole purpose of standardising and promoting the System of Acupuncture as a science and to co-ordinate with the State government and State health authorities to give due recognition to this ancient healing science.**

## AIMS of ASA(Maharashtra)



- ① To standardise the science of Acupuncture as a 1. To standardise the science of Acupuncture as a system of Medicine and establish a full fledged training centre as per guidelines of WHO.
- ② To undertake research in the fields of Acupuncture Therapy, its traditional concepts and rationale, and its scientific translation in modern medicine context.
- ③ To form an association of qualified practitioners which will work towards providing ethical services to the masses.
- ④ Organising all strata of acupuncture practitioners throughout state under one roof, standardise and develop them accordingly as per the proposed guideline placed to the govt.
- ⑤ Interacting with other acupuncture associations and national / international bodies to create an interactive platform for exchange of clinical experience and development of the science.
- ⑥ To provide representation to the Government authorities for recognition and regularisation of the science and its practice.
- ⑦ To provide complete services to the practitioners by way of web information, training programs, study material, registration, database of material/ equipment vendors etc. and guidelines to set up effective practice.
- ⑧ To undertake research programmes in co-operation with private and government institutions.
- ⑨ To hold regular workshops and CME's to enhance the Skills of practitioners and expose them to New Horizons in the field
- ⑩ To integrate Acupuncture science with other Systems of Medicine.

A.S.A. will strive to be a model for the the development and regulation of Acupuncture Science in INDIA. Membership to Acupuncture Science Association (Maharashtra) will be open from the month of September, 2014.



# MODERN ACUPUNCTURE - A VISION.

The science of Healing is as old as Mankind itself. Healers were an integral part of every civilisation; yet their healing skills were subject to limitations of their time it. Each civilisation contributed to the development of healing skills in its own unique ways, and the healing science thus evolved thru the times. The modern trend is towards EBM (evidence based medicine). EBM makes it mandatory to know the 'physical' cause of the illness and to eliminate it. Modern medicines has adopted this doctrine and enforce it aggressively. Thus the bacteria has to be killed and the tumor has to be cut; the malfunctioning mind has to be chemically balanced and the disturbed immunity has to be given life long drugs. However, the hospitals are over still crowded and illnesses are still incurable., Medicines have been able to add years to life, but have failed to add life to the years! EBM has missed a vital point and appears to be failing in its prime objective - to provide judicious healthcare for natural living!

HARA - SPIRITUAL CONCEPTS

EMOTIONAL HEALING

MERIDIAN MASSAGE

NOURISHING THE QI - DIET

MERIDIAN EXERCISE

## **Ancient healing medicine was based on NWBM (Natural Wisdom Based Medicine).**

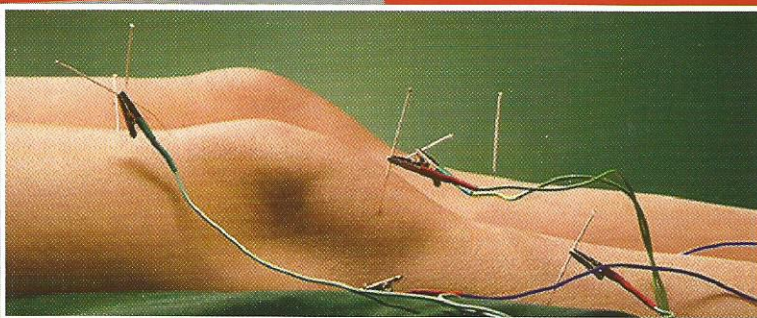
This technique was unique and is as relevant even today; it is based on principles that are eternally true and which have stood the test of time. NWBM recognised the fundamentals of natural health and the 'true' causes of its disturbances. At the core of natural healing wisdom is the concept of structured vital energy - the matrix which supports the physical body. Health or illness was directly associated with the state of this vital force or 'Qi'. An illness necessarily meant that 'Qi' was disturbed and not in harmony. Thus, healing essentially meant that 'Qi' had to be restored to its original dynamic healthy state.

Thus, many healing techniques evolved - some utilised the natural energies of herbs and some others stimulated the bodies own healing potentials, without the use of drugs. Acupuncture became one of the most popular and effective drugless healing protocol where the vital energy of the individual is manipulated and restored to harmony. It is also referred to as Meridian Healing. Acupuncture is the safest therapy to treat patients without any side effects primarily because no external or oral intake of drugs or medicines are required to heal the sick.

Acupuncture is a science which has survived over thousands of years and has found wide acceptance. In modern times, WHO has recommended Acupuncture treatment in about 150 diseases and is an accepted mode of treatment in about 130 countries all over the world.

Today, Meridian Healing exists in different formats in the world, the most prominent application being Acupuncture. Other allied applications of this theory exist in the form of Reflexology, Meridian Massage, Vital energy manipulation by Mudra, Tai Chi, Qigong, Varman, Mudra, Meridian exercises and yoga etc. It is believed that such Acupuncture and its allied branches

will be an attractive career option for many aspiring students. There is a growing demand for such services in the world, but there is a lack of quality training facilities. The establishment of scientific training facility and a governing body will also help to regulate this unorganised sector for the benefit of the society at large. Let us EVOLVE!





## Pre Conference Workshops (12th December, 2014)

- 1. Workshop:** MOTOR POINT ACUPUNCTURE  
- Identifying Musculo-skeletal Imbalances and their management with Motor point acupuncture
- 2. Workshop:** MINIMUM NEEDLES; MAXIMUM RESULTS  
\*Minimum Needling technique based on Tungs orthodox theory and Element Command points for quick, safe and effective acupuncture therapy



### List of Awards / Prizes

1. Best paper award by Karnataka branch of AAI  
" Govindram Varma Memorial Best Paper Award" for free papers
2. Best paper award by Orissa Branch of A.A.I
3. Best Free paper award by ASA ( Maharashtra )
4. Best Scientific Paper Award by ASA ( Maharashtra )
5. Others

### Chairman

Dr Rumi Beramji  
rumi@beramji.com

### Chief Conference Co-ordinator

Dr Mayank Shah  
drmayankshah@gmail.com

### Committees:

1. Event Management : Dr Nilima Thakkar, Dr Manish K Jaswal
2. Scientific Committee: Dr Shahzad Beramji, Dr Hemant Thakkar,  
Dr Yogesh Kodkani,
3. Accommodation Assistance : Dr Nilima Thakkar Tel: +91 98206 76600

### Bank Details :

A/c Name : Acupuncture Science Association  
A/c No. : 0067002108005461  
Bank Name : Punjab National Bank Branch : Opera House Branch  
MICR Code : 400024028 IFSC Code : PUNB0006700  
All payments must be titled 'Acupuncture Science Association'

### WEBSITE ASA-INDIA.IN

ASA has pioneered a website on acupuncture with unique features. It will contain Acupuncture Theory, Articles, Scientific papers, Information on Research programs, Training programs, International acupuncture news, Acupuncture Events announcements and also Acupuncture Equipment suppliers.

Access to this website is available to Premium Members of Acupuncture Science Association.



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# PROGRAMME

## SATURDAY 13th December, 2014

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- |                |   |
|----------------|---|
| 8 am           | - Registration & TEA  |
| 9 am           | - Inauguration Ceremony   |
|                | - Key Note Address  |
|                | - Guests and Invitees address                                   |
| 10 am          | - Dr.B.K.Basu Memorial Scientific Oration                       |
| 10-30 am       | - The National scenario for Recognition of Acupuncture          |
|                | - A Movement for Recognition by A .A. of Maharashtra            |
| 11.00          | - <b>SCIENTIFIC SESSION 1</b>                                   |
| 12.30          | - LUNCH   |
| 1.30 pm        | - <b>SCIENTIFIC SESSION 2</b> ( Free papers + 1 Research paper) |
| 3.45 pm        | - TEA   |
| 4.00 pm - 5.30 | - QUIZ, programs & Interactive website                          |

### Evening : Cultural Program

## SUNDAY 14th December, 2014

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- |             |                                 |
|-------------|---------------------------------|
| 8.30 am     | - TEA                           |
| 9.00 am     | - <b>SCIENTIFIC SESSION 3</b>   |
| 12.00       | - MODERN Acupuncture - A Vision |
| 12.30       | - LUNCH                         |
| 1.30 pm     | - <b>SCIENTIFIC SESSION 4</b>   |
| 3.45 pm     | - TEA                           |
| 4.15 - 5.00 | - Acupuncture Panel             |
|             | - Quiz Results                  |
| 5.00 - 5.30 | - AAI General body meeting      |